



AMI-Hawaii invites you to:

Time Out For Mom

"Motherhood: Reaching New Heights"

Presenting Claire Nakatsuka 2011 Mother of the Year & Cecsi Perez de Wang 2011 Young Mother

Saturday, October 15, 2011 ~ 12:00 p.m. - 5:00 p.m. ~ Kamehameha High School Campus (Konia)
Cost (includes Lunch): \$15 per person until October 10; \$20 for late registration/ at the door;
\$12 for current AMI members



Workshop Sessions (Choose 3)

"A Family Full of Fun -- Dinnertime Family Activities"

by Donnette Tew

"Emergency Preparedness" by Ken Arima

"Fondant Cupcake Decorating" by Cecsi Perez de Wang

"Hope Albums" by Ruth Pukahi

"Basic Infant & Child CPR/First Aid" by Kahana Pukahi

"Be a Kid Again! -- with Great Children's Books"

by Juli Hallstrom

"Decorating on a Dime" by Melanie Hallstrom

"Zumba Time for Everyone" by Terry Fuller Hallums

Schedule for the Day:

12:00	Registration
	Light Lunch
	Simple Craft Activity
12:45	Welcome
1:00	Workshops
4:15	Mahalo Gifts, Desserts,
	Closing Session
5:00	Pau

Register by Monday, October 10

Detach form below and mail with check or money order (payable to AMI HI Assoc.) to Nancy Bliss, 55-220 Kulanui St. #1885, Laie, HI 96762. For more info, go online to www.americanmothershawaii.org or call Nancy @ 358-8809.

Name(s): _____

Best Contact Phone #'s: _____ Email Address: _____

Mailing Address: _____ Zip Code: _____

Payment: _____ x \$ _____ = \$ _____
(# attending) (\$15 or \$12 member) (Total enclosed)

I Support American Mothers, Inc.
 I am enclosing a tax deductible donation of \$ _____
 Sign me up as an AMI member! Additional payment of \$25.00 enclosed.